

To-Do in order to RAISE ADULTS

- ***DO what you need to do in order to be a grown-up yourself***
 - ***GET TIME WITH OTHER GROWN-UPS***
 - ***Find – or found – a Homeschool Parent Support Group and meet at least monthly!***
 - ***Get the kids into activities where there are other grown-ups for you to talk to!***
 - ***Don't compromise on your mental health by sticking with a group where you aren't comfortable (even if the kids love it)***
 - ***Keep watch on the balance between being your kids' friend and their parent***
 - ***No oversharing!***
 - ***Expect that they will see you as a PERSON and not PERFECT***
 - ***Let the kids have agency, don't do everything for them***
 - ***Keep Vygotsky's Zone of Proximal Development in mind***
 - ***Be a safety net, not a trap***
 - ***Teach them to do stuff that's a little beyond what they're comfortable doing... and maybe a little beyond what you are comfortable having them do.... but only a LITTLE!***